

# Do I need to turn off the energy storage when I turn off the power box



## Overview

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Just turn on sleep mode then customize power options, you'll then see the option unlocked "when console is off, turn off storage" click that check box and switch back to energy saver.

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### [Automated external defibrillators: Do you need an AED?](#)

An automated external defibrillator (AED) is a portable device that can be used to treat a person whose heart has suddenly stopped working. This condition is called sudden cardiac arrest.

### [Acute sinusitis: Do over-the-counter treatments help?](#)

Medicine you can get without a prescription may give some relief from acute sinusitis symptoms.



### [What "When Xbox is off, turning off storage" prevents? |](#)

It's weird though because when I turn my Xbox off in energy save mode, the xbox stayed on longer than usual, as well as my Seagate Game Drive SSD. Going to do a full shutdown to see if that will shut

### [RV Battery Disconnect Switch: On Or Off In Storage?](#)

Should you keep your RV battery disconnect switch "ON" or "OFF" when your rig is in storage? We've got the answer (in detail) in this post!



### [Osteopathic medicine: What kind of](#)



## [How to turn off storage on Xbox Series X and S](#)

With the Xbox Series X and Xbox Series S, you are able to turn off the storage drives of these consoles when they are put into Sleep Mode. To see how you can do so, you can follow the



## [Cardiopulmonary resuscitation \(CPR\): First aid](#)

Cardiopulmonary resuscitation (CPR) is an emergency treatment that's done when someone's breathing or heartbeat has stopped. For example, when someone has sudden cardiac



## [doctor is a D.O.?](#)

You know what M.D. means, but what does D.O. mean? What's different and what's alike between these two kinds of health care providers?



## [When Xbox Is Off, Turn Off Storage \[Feature Explained\]](#)

Energy Efficiency: Gamers can save energy by lowering their total energy footprint by ensuring that external storage devices are turned off when



## **Arthritis pain: Do's and don'ts**

Arthritis is a leading cause of pain and limited mobility worldwide. There's plenty of advice on managing arthritis and similar conditions with exercise, medicines and stress management. But

## Weight training: Do's and don'ts of proper technique

You might learn weight training techniques by watching friends or others in the gym, but sometimes what you see isn't safe. Weight training technique that isn't proper can lead to muscle



## How well do face masks protect against COVID-19?

Face masks can help slow the spread of coronavirus disease 2019 (COVID-19). Learn about mask types, which masks to use and how to use them.

## What the "Xbox is off turn off storage" setting means?

Using the "Xbox is off turn off storage" option means that every time your console is turned off, your precious data stays frozen until the next time it's switched on.



## **Does the external HDD not turn off?**

If you don't want it always powered on I would just unplug it whenever you turn the Xbox off after you finish all your downloads. I can attest to this fact as well - as long as the Series X is

## **How to Turn Off the Xbox Series X,S**

When you turn off the console, it will make sure that the Xbox is fully shut down. With the Energy-Saving power mode enabled, long-press the Xbox





### [Xbox Series X Sleep and Shutdown power options](#)

Using Xbox Series X Sleep mode also means you have full control over additional power options. Within the 'Customize power options' menu, you



### **Triglycerides: Why do they matter?**

Why do high triglycerides matter? High triglycerides may contribute to hardening of the arteries or thickening of the artery walls, called arteriosclerosis. This condition increases the risk of



### **Ileostomy**

Can I swim? How do I shower? Do I need to buy different clothes? How will it affect my intimate life? Once you adjust, you'll likely find that it's possible to do many of the same activities you



### **Exercise: How much do I need every day?**

You can do strength training by using weight machines or weights, your own body weight, heavy bags or resistance bands. You also can use resistance paddles in the water or do activities



### [How to turn off power to the USB ports when the console is off?](#)

The SSD is still powered on when the console is off in energy saver mode, when the console is in instant on mode and the option for USB power when off is selected.

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